



Seasonal workers: know your rights and stay safe and healthy at work

**RIGHTS
FOR ALL SEASONS**



Are you a seasonal worker in the European Union? Here are some things you should know:

- **You are entitled to safe and healthy working conditions** — whether you work in food production, manufacturing or agriculture, or with livestock.
- **You might be exposed to risks** — such as working with machinery or animals, repetitive movements and awkward postures, working in hot or cold temperatures, skin contact with hazardous liquids, or breathing in dust or fumes.
- **These risks may lead to serious injuries and health problems** — for example pain, breathing problems or allergies and, longer term, even potentially fatal illnesses like cancer.
- **Your employer must put in place measures to prevent these risks and inform you about them.**
- **Your employer must inform you about the nature of your work and the risks and provide you with information, instruction and training** on how to carry out your job in a language you understand.
- **Your employer must provide you with any personal protective equipment**, free of charge that you need to do your work safely, such as gloves, masks or goggles.
- **You should contact the national authorities** if your employer ignores you, threatens you or forces you to do something that you think is unsafe or will harm your health.
- For details on **who to contact** in the country you work in, you should visit https://oshwiki.eu/wiki/Category:OSH_systems_at_national_level

Ensuring fair and safe conditions for seasonal workers

#Rights4AllSeasons

You have the right to be safe and healthy at work.

Further information:

- **Rights for All Seasons — Campaign on Seasonal Workers:**
<https://www.ela.europa.eu/en/campaigns/rights-for-all-seasons>
- **COVID-19: Resources for the workplace:**
<https://osha.europa.eu/en/themes/covid-19-resources-workplace>
- **COVID-19 infection and long COVID — Guide for workers:**
<https://osha.europa.eu/en/publications/covid-19-infection-and-long-covid-guide-workers/view>

<https://osha.europa.eu>

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