

# SEASONAL WORKERS IN THE EU: KNOW YOUR RIGHTS

#Rights4AllSeasons

## What are your rights?



- If you are a seasonal worker, you are protected by law — wherever you work in the EU
- You have the right to safe and healthy working conditions — whether you work in food production, processing or agriculture, or with livestock

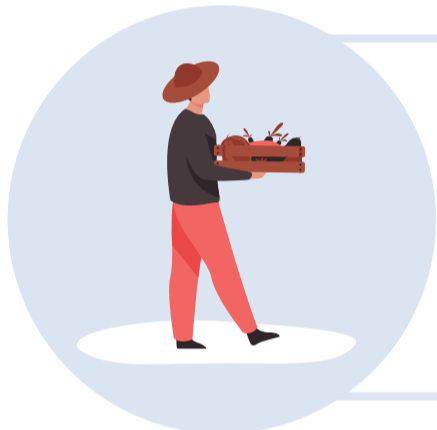
## Whose job is it to protect you?

Your employer must protect your safety and health by:

- putting in place measures to prevent risks
- informing you about your work, making you aware of possible risks and explaining the measures taken to prevent them
- providing you with any personal protective equipment you need to work safely



## What are the risks?



Seasonal workers face many safety and health risks, including:

- handling heavy items
- working in awkward postures or doing highly repetitive movements
- skin contact with hazardous liquids
- breathing in dust or fumes
- working with machinery or animals
- working in hot or cold temperatures

## Injuries and health problems

Without proper measures in place to prevent harm, you could be injured or damage your health, leading to:

- serious pain
- breathing problems
- allergies
- even serious illnesses like cancer



## How to make sure you are protected



- If you are unsure about how to protect your safety and health, or if you become ill or have an accident, ask your employer directly or speak to an employee representative
- Your employer must provide you with instructions on how to carry out your job safely — in a language that you understand

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## ⚠ Where to get help

**If your employer ignores you, threatens you or forces you to do something that you think is unsafe, you should contact the authorities:**

[https://oshwiki.eu/wiki/Category:OSH\\_systems\\_at\\_national\\_level](https://oshwiki.eu/wiki/Category:OSH_systems_at_national_level)

### MORE INFO

- Rights for All Seasons — Campaign on Seasonal Workers:  
<https://www.ela.europa.eu/en/campaigns/rights-for-all-seasons>
- Rights for All Seasons — Flyer:  
<https://osha.europa.eu/en/publications/seasonal-workers-flyer/view>